

WEST COAST MASTERS CYCLING COUNCIL Inc.

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Web page: <http://www.wcmasterscycling.com.au/>

Affiliated to the Australian Veteran Cycling Council (AVCC) and the International Cycling Federation (ICF)

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Newsletter June 2006

Forthcoming Events

18 June, *Rose Preedy Memorial Handicap*,
Herne Hill – 55km (5 laps)
9.00am start.

25 June, *'Lakes Bikes' Wand*
Age Div. Races. Start 9.00am
35-44, 45-54yrs 68km (8 laps); 55-64 yrs
59km (7 laps); 65yrs plus 51km (6 laps)

2 July, *WMCC Memorial Handicap*, Herne
Hill – 55km (5 laps)
Start 9.00am.

**** Note: Noms must be in hands of
Racing Secretary 7 days in advance –**
ring Sheona Clark 93592747, e.mail:
arsiclark@westnet.com.au or contact
handicapper Mark Keyser, 94453532

9 July, *Graded Scratch*, Dog Hill Baldivis
Start 9.00am. A grade 96km (9 laps); B
86km (8 laps); C 75km (7 laps); D 64km
(6 laps)

16 July, *Graded Scratch*, Mt. Helena
Start **9.30am** at Mt Helena tavern, Keane
Street, Mt. Helena. Meals served after race
at the Tavern.

23 July, *Graded Scratch*, Herne Hill
Start 9.00am. A grade 88km (8 laps), B
77km (7 laps); C 66km (6 laps); D 55km
(5 laps)

2006 Road Programme

The enclosed race programme should be substituted for the earlier yellow programme sent out at the beginning of the road season. The only difference will be the times of start. Afraid the computer gremlins were at work and you will notice that some starts are at 00.00 - which means getting up very early or very late!

The Calendar can also be viewed and downloaded from our web page:
<http://www.wcmasterscycling.com.au/dom>

Race Results

26 March, *Graded Scratch*, Kewdale

A chilly but sunny start to the day must have seen folks decide to stay in bed for our numbers dropped by over 30 from the previous few races and only 63 riders faced the starter. Maybe it was again the chill but the zip seemed to have been drained from the ranks, though there were some valiant breaks and a few individual excellent performances. Phil Deisel was one who shone on the day when holding the 'B' grade bunch at a few hundred metres for over half the race. A late rally in the ranks saw a break of four riders chase hard over the last three or four laps but their effort was too late and Phil sailed over the line to a clear victory over Barry Whiting, Terry Skinner and Steve Dodd, with the bunch led in by Dave Hutson some 100 metres behind.

Steve Marks, 'C' grade, went on the attack after about ten minutes but was still prominent throughout the race when caught back by the bunch and still had enough energy to win the sprint. Barry Johnston continued his presence in the top performers when finishing a close second, while new rider Nick Cunnington just pipped Bob Stephens on the line. With our camera toting President taking a 'sickie', only a few placings were recorded. Most unfortunate rider of the day was Barry Eversden who punctured on the far side of the circuit.

'D' grade saw a rejuvenated Ben Murdoch break away early in the race to be caught only in the dying minutes of the race by Shane White and Larry Ross. Shane took the sprint comfortably just ahead of Ben and Larry, while Gerry Lawford cemented his hold on the Roger Sutton Points Competition when he brought in the bunch.

The 'A' graders lacked the punch of recent weeks but there was still some interesting action. George Miller and Andrew Brierley were conspicuous in the early stages of the event, while Paul Moke put down his head at about the 25-minute mark only to be caught with a few laps to go. There was a long hard sprint up the straight. George Miller looked as if he had the edge with 200metres to go but then faded to allow Paul Brown to put half-a-wheel over Andrew Brierley as they crossed the line.

'A' grade – 45mins + 2 laps

1. Paul Brown; 2. Andrew Brierley;
3. Gary Collett; 4. George Miller;
5. Paul Barizza; 6. Merv Byfield;
7. Steph Ratcliffe; 8. Ian McFall;
9. Attila Nagy; 11. Paul Moke;
12. Rob Suter; 13. Gary Wright;
14. Wal Crowley; 15. Garth O'Leary.

'B' Grade – 40mins + 2 laps

1. Phil Diesel; 2. Barry Whiting;
3. Terry Skinner; 4. Steve Dodd;
5. Dave Hutson; 6. Ed Campbell;
7. Andrew Bennett; 8. Trev Holmes;
9. Mike Watson; 10. Bob Addy;

11. Mark Leaker; 12. Clint Bird;
13. Damian Appleton;
14. Doug Macdonald; 15. Ken Harvey;
15. Colin Rossiter.

'C' grade – 35mins + 2 laps

1. Steve Marks; 2. Barry Johnston;
3. Nick Cunnington; 4. Bob Stephens;
5. Bill Crout; 6. Paul Wighton;
7. Roger Scott; 8. Annie Bramley – *et. al.*

'D' grade – 30mins + 2 laps

1. Shane White; 2. Ben Murdoch;
3. Larry Ross; 4. Gerry Lawford;
5. Denis Robinson; 6. Lindsay Froyland;
7. Jack Iveson; 8. Ray Craig;
9. Des Williams; 10. Ernst Kreutzer;
11. Paul Crespi; 12. Vince Preedy;
13. Sheona Clark; 14. Brian Paxman;
15. Janet Bennett; 16. Naomi Erceg.

30 April Graded Scratch, Gngangara

'A' Grade - 81km (9 laps)

1. George Miller; 2. M. Korten;
3. Paul Moke; 4. Paul Brown; 5. Dave Townson;
6. M. Baytels; 7. Paul Barizza;
8. Gary Collett; 9. Gary Wright; 10. Eric Cox;
11. Wal Crowley; 12. Mike Lawrence;
13. Danny Gillespie; 14. Ian McFall;
15. Steph Ratcliffe; 16. George Law;
17. Attila Nagy; 18. Phil Johnston;
19. Michael Johnston.

'B' Grade - 72km (8 laps)

1. Marty Van Moorsel; 2. Mick Russell;
3. Theron Benthien; 4. Grant Alexander;
5. Geff Marshall; 6. Steve Marks;
7. Bob Stephens.

'C' Grade – 63km (7 laps)

1. N. Smith; 2. Jeff Usher; 3. Dave Equid;
4. Trev Robson; 5. Derek Mayall;
6. Bill Crout; 7. Carl Mathisen;
8. Roy Swift; 9. Paul Denham;
10. Len Hall.

'D' Grade - 54km (6 laps)

1. Jayne Ivey; 2. Larry Ross;
3. Paul Crespi; 4. Aviva Gordon;
5. Dave Nangle; 6. Bryce Cole;
7. Pat Briggs; 8. Brian Paxman;
9. Leo Enright.

7 May, Graded Scratch, Chidlow 'A'

After a grey day on Saturday it was nice to see the sun and though somewhat brisk before the start the conditions proved perfect during the race for the 64 starters, and any chill was removed after the finish with bowls of warm and nourishing soup at the Chidlow Tavern. Following two consecutive weeks of riding off course, it was noted that George Miller spent some time pouring over a map before the start – and it paid off, as he managed to keep to the designated roads.

The only hiccup occurred when ‘C’ grade was held up for five minutes at the start while Paul Wighton developed a flat. Possibly this was a message from the gods, for Paul was involved in a fall that took off quite a bit of skin, though to his credit he not only continued but managed to finish in third place in ‘C’ grade just behind Dave Equid and Barry Johnston. George Fyvie was also in contention, while Ross West visiting from Victoria’s Hume VCC almost paid for his trip home when taking the cash for 5th place!

All grades, set a brisk pace helped no doubt by the breeze that followed them up the hill to the finish. ‘A’ grade saw Steve Carton break away on lap two, to be joined on the third lap by Paul Moke and Graeme Muston. Though they rode strongly, the bunch kept them in sight and everyone was together as they hit the bell. On the long uphill haul to the finish it was Doug Stewart who showed his class when winning with grin, while George Miller got his revs going to finish just ahead of a pleased Wal Crowley who finally broke his placings drought. No wonder Wal says there should be more races in the hills! Close behind there was a mad scramble for fourth place, the verdict just going to Atilla Nagy who just pipped Gary Collet and Steve Carton.

‘B’ grade circling at about a minute slower than ‘A’ witnessed the only successful break of the day when Grant Alexander, Phil Deisel and Steve Dodd attacked successfully on lap two. With two to go they were 1m 45s ahead and kept that gap

to the end. Phil Deisel proved the strongest when it came to the drive up the hill, taking the verdict by a good 20metres over Steve Dodd, with Grant Alexander finishing in third. Gary Boterhoven took care of the bunch sprint while Nev Crane finished a length or two behind him and just ahead of Damien Appleton for fifth place. Unluckiest riders were Carl Mathison and Franz Karel who both suffered mechanical problems but nevertheless got in some additional miles by finishing the race.

‘D’ grade rode at a steady pace to record between 21m 10s and 22m 30s per lap. There were a small number of burn offs but 11 of the 14 starters were still together as they started the final lap. Proving that weight matters, it was the lightest man in the race, Paul Crespi who finished first just ahead of the next lightweight, Larry Ross, with oldest man (by far) in the race, Brian Paxman finished third in close contention. Sheona Clark was first female to finish being in sixth place, just behind Bryce Cole and Denis Robinson.

‘A’ grade - 77km, 7 laps

1. Doug Stewart; 2. George Miller;
3. Wal Crowley; 4. Atilla Nagy;
5. Gary Collett; 6. Steve Carton;
7. Danny Gillespie; 8. Paul Barizza;
9. Steph Ratcliffe; 10. Paul Williams;
11. Mike Stothers; 12. Graeme Muston;
13. Paul Moke; 14. Dom Bruehwiler;
15. Ian McFall.

Average 18m, fastest lap 17m 30s.

‘B’ grade – 66km, 6 laps

1. Phil Deisel; 2. Steve Dodd;
3. Grant Alexander; 4. Gary Boterhoven;
5. Nick Crane; 6. Damien Appleton;
7. Bob Stephens; 8. Mario Librizzi;
9. Mick Russell; 10. Ken Harvey;
11. Garth O’Leary; 12. Wayne Lally;
13. Gavin Brown; 14. Rick Churchill;
15. Andrew Bennett; 16. Franz Karel.

Average 19m, fastest lap 18m 30s.

‘C’ grade – 55km, 5 laps

1. Dave Equid; 2. Barry Johnston;
3. Paul Wighton; 4. George Fyvie;

5. Ross West; 6. Mike Bonner;
7. Paul Slocombe; 8. Bill Crout;
9. John Pymm; 10. Jeff Usher;
11. Ken Dupuy; 12. Roy Swift;
13. Derek Mayall; 14. Mark Crowther;
15. Carl Mathison; 16. Shane Whyte.
Average 19m 45s, fastest lap 19m.

'D' grade – 44km, 4 laps

1. Paul Crespi; 2. Larry Ross;
3. Brian Paxman; 4. Bryce Cole;
5. Denis Robinson; 6. Sheona Clark;
7. Dave Nangle; 8. Janet Bennett;
9. Roger Broun; 10. Pat Briggs;
11. Aviva Gordon; 12. Kevan Logan;
13. Angie Tipping; 14. Paul Arnold.
Average 22m, fastest lap 21m 10s.

21 May, 'Lakes Bikes' Age Div. races, Wandii

The event attracted 68 riders on a bright, comfortable but slightly windy day but promised to end in confusion when discovered that Melville-Fremantle CC had double booked the circuit for their 'B' grade championship that involved a large field of over 40 riders. However, and perhaps more by accident than design there were no clashes at the finish and each group and the Melville-Fremantle riders finished with a clear run up to the line.

Ride of the day went to Steph Ratcliffe and Geoff Marshall who rode tandem fashion from the start in the 58-67 year age division. In addition to their generous prize-money provided by Lakes Bikes, they were also presented with a pair of large, fresh, red, cooked lobsters at the presentation – whether this was to intimate their appearance at the end of the race is not known but what was noticeable was that neither Chopper nor Steph offered to share their culinary delight. Riding faster than their brethren in the 48-57 year age division, they were not far from lapping their division colleagues, the third place eventually going to Bob Stephens who beat event sponsor Wayne Lally by a couple of lengths (which should surely restrict his credit at Lakes Bikes), while Dave Walker and Bill Wingrave took out fifth and sixth places a few metres behind.

The 'youngsters' in the 35-47 year division didn't hang around, recording an average of about 12m 25s for the 9km circuit. With a healthy and fit looking bunch of 28 starters this was by far the largest group of the day and while it must have offered lots of shelter the bunch split into three groups before the end of the day. At the end of the 72km, Matt Tognini proved the strongest man when taking the initiative with a couple of kms to go, to finish a clear 30metres ahead of the frantically chasing bunch. Pedro Turibaka took the bunch sprint just ahead of Andrew Brierley, George Miller and Mark Petterson. Also in contention were sixth placed Chris Glasby, John Van Vliet, Paul Brown and Doug Stewart - all of whom took away some of the Lakes Bikes cash prizes.

Seventeen riders participated in the 48-57 year division, with a pace that shook out some of the riders and caused the group to split. The finale saw the closest sprint of the day with the camera verdict going to Ian McFall who just squeezed past Dave Berglund. Gary Boterhoven was again on the podium with his third place, while fourth placed Wal Crowley prayed to the leprechauns that he would have soon have revenge in the hills of Chittering Valley. Dave Bebee came back for a meritorious fifth place following his lay off with injury, while Steve Dodd, Laurence Wynne and Atilla Nagy completed the number in the first group to cross the line.

The 'oldies' in the 68-year plus division must have been taking slow pills as they circled at a much slower pace than on the last visit to the circuit. However, there was no slouching at the finish when Len Hall showed his strength when taking and holding a long sprint to the line. Roy Swift managed to latch onto his wheel but wasn't able to come by and had to be satisfied with second placing. Barry Eversden finished a couple of lengths behind in third place, while fourth and fifth saw a tight finish between Larry Ross and Derek Mayall. Jayne Ivey in sixth place was the first female to finish, while Sheona Clark a metre or so behind was second female.

Fran Watson finished a few lengths behind with delight written all over her face as she triumphantly screamed to one and all that she'd survived six laps.

Despite the close finishes there was little to confuse the judges much to the chagrin of the President who was sporting our brand new Panasonic camera and hoping for some very tight finishes. However, there were two or three close results and the camera was able to remove all doubts.

35-47 years - 72km, 8 laps

1. Matt Tognini; 2. Pedro Turibaka;
3. Andrew Brierley; 4. George Miller;
5. Mark Petterson; 6. Chris Glasby;
7. John Van Vliet; 8. Paul Brown;
9. Doug Stewart; 10. Gary Collett;
11. Paul Moke; 12. Jeff Burt;
13. James Gibson; 14. Steve Rouse;
15. Justin Ormande; 16. Nick Smith;
17. George Law; 18. Garth O'Leary;
19. Phil Johnson; 20. Gary Wright;
21. Alan Clark; 22. Dave Equid;
23. Nick Crane.

Average 18m, fastest lap 12m 25s.

48-57 years - 72km, 8 laps

1. Ian McFall; 2. Dave Berglund;
3. Gary Boterhoven; 4. Wal Crowley;
5. Dave Bebee; 6. Steve Dodd;
7. Laurence Wynne; 8. Atilla Nagy;
9. Mike Lawrence; 10. Keith Shugg;
11. Paul Wighton; 12. Jeff Usher;
13. Andrew Bennett (Peel CC - note we have two A Bennet's).

Average 19m, fastest lap 13m 35s.

58-67 years - 63km, 7 laps

1. Steph Ratcliffe; 2. Geoff Marshall;
3. Bob Stephens; 4. Wayne Lally;
5. Dave Walker; 6. Bill Wingrave;
7. Colin Rossiter; 8. Dave Nangle;
10. Paul Crespi.

Average 13m 30s.

68 years plus - 54km, 6 laps

1. Len Hall; 2. Roy Swift;
3. Barry Eversden; 4. Larry Ross;
5. Derek Mayall; 6. Jane Ivey;
7. Sheona Clark; 8. Denis Robinson;
9. Fran Watson; 10. Leo Enright.

Average 15m. 50s.

4 June, 'Peel CC, 'Beat the Choo Choo' 24km handicap

The handicapper was only 47 minutes out on his handicap in the Pinjarra to Dwellingup beat the Choo Choo Race. That was the time that scratchman Gary Collett arrived at the finish before the train to scoop the large prize pool. Handicapper Mark Keyser put the fault on the train driver whom he accused of stopping for cups of tea while the unsporting cyclists put their heads down from the start. Gary's time was 41m 55s, with a number of riders coming between him and second fastest Phil Diesel who was some 9 seconds slower and eighth overall. Paul Slocombe and Dave Equid from the 3m 30s group finished second and third respectively, while Frans Karel was fifth from the 5m 50s mark.

- 1st and fastest Gary Collett (Scr) 41m 55s
2. Paul Slocombe (3m30s), 3. Dave Equid (3m30); 4. Frans Karel (5m50s); 5. Bryan Williams (1m30s); 6. Ken Harvey (3m30s); 7. Paul Maxwell (5m 30s); 8. and 2nd fastest Phil Deisel (Scr); 9. Stephen Marks (1m30s); 10. Wal Crowley (Scr); 11. Darryl Harris (3m30s); 12. Keith Jenner (7m30s); 13. Andrew Bennett (Peel CC (11m); 14. Paul Wighton (5m30s); 15. Bruce Bussey (1m30s); 16. Steve Dodd (1m30s).

Roger Sutton Points Competition

The competition put yet another trophy onto the shelf of Septegarian Gerry Lawford, the desperate fight with close runner-up Dave Townson fizzling out at the last movement as Dave moved away from town for a few days. George Miller, the only other close contestant, shone on the day with a fourth place but this wasn't good enough to knock Gerry, who also claimed a fourth.

1. Gerry Lawford 155points;
2. Dave Townson 152;
3. George Miller 148;
4. Andrew Brierley 138;

5. Doug Macdonald 136;
 6. Bob Stephens 134;
 7. Trev Robson 127;
 8. Larry Ross 123;
 9. Paul Crespi 115;
 10. Paul Moke 109;
 11. Des Williams 108; 12. Denis Robinson 107; Eq. 13. Ray Craig, Steph Ratcliffe 106; Eq. 15. Gary Boterhoven, Alan Clark; Steve Illich 101; 18. Andrew Collett 100;
 19. Barry Whiting 96; Eq. 20. Paul Barizza, Tony Speechley 93; Eq. 22. Paul Brown, Bill Crout 92; 24. Dave Bebee 91;
 25. Steve Dodd 89; 26. Lindsay Froyland 88; 27. Doug Stewart 87; 28. Ben Murdoch 84; Eq. 29. Barry Johnston, Ian McFall 83;
 31. Leo Enright 82; Eq. 32. Damien Appleton, Bruce Bussey, Brian Paxman 80; Eq. 35. Sheona Clark, Jeff Usher 79; Eq. 37. Dom Bruehwiler, Mick Russell 78; Eq. 39. Wal Crowley, Jack Iveson, Phillip Johnston 76; 42. Dave Hutson 74; 43. Ed Campbell 71. Eq. 44. Ian Logan, Roger Scott, Matt Tognini 69; Eq. 47. Pat Briggs, John Dixon, Barry Eversden 65; Eq. 50. Frank Kettle, Terry Lack 64; Eq. 52. Mark Leaker, Attila Nagy 61; Eq. 54. Rod Babel, Steven Rouse, Heather Sanderson 60; Eq. 57. Bob Addy, Geoff Marshall, Derek McVickers, Colin Rossiter 59; 61. Pat Coolican 58; Eq. 62. Annie Bramley, Andrew Duff, Mario Librizzi, 57; 65. Grant Alexander 55; Eq. 66. Nick Crane, Ed Willis 54; 68. Enzo Cadelli; Eq. 69. Gavin Brown, Ken Harvey, Mike Poyner, Gary Wright 50; 73. Rick Churchil 49; 74. Ernie Lightfoot 48; Eq. 75. Clint Bird, Michael Bonner, Frans Karel, Darren Lee, Shane White 45; 80. Graeme Muston 43; 81. Roy Swift 42; Eq. 82. Roger Broun, Laurie Livie, Laurence Wynne 41; Eq. 85. Kevin Cottier, Duncan Farrow, Michael Lawrence, Rob Suter, Wayne Thomson, Bryan Williams 40, See web page for remainder.

Rider Profile – a man with many strings to his bow!

Like so many veteran cyclists, **Trevor Robson** was a top performer in a totally unrelated sport before succumbing to the

lure of the lycra and a top quality bike. After a period during his young life in which he tried a wide variety of sports that included running, swimming, football and basketball, Trevor focussed his efforts on the sport of archery. After some 17 years in the sport in which he achieved State representation, it was on a wet, miserable day then he decided he had had one drenching too many and decided to give archery away (how ironic that he now trains for and rides road races in winter!).

For much of his married life Trevor lived in Roleystone. Here, the surrounding hills forced the mere mention of cycling right out of his consciousness and he was content to pursue other interests, not least of which was the task of contributing to the raising of his children. He was also heavily committed to his work as a Financial Planner/Investment Adviser, a career he continues to pursue.

It was not until he shifted to Victoria Park eight years ago that an interest in cycling was sparked. Trevor and his wife bought new mountain bikes for rides around the river. It was whilst out on such rides that he noticed the many cyclists with their high performance machines. Over time the duration and frequency of his rides increased. With this developing interest came a desire for better equipment. As every serious cyclist knows, this is a one-way street. A succession of upgrades followed and Trevor found that his interest in serious cycling increased with every upgrade. As his fitness increased, he felt a need to test himself against other riders, and so was attracted to the West Coast Masters. In the time that he has been racing with the club Trevor has pursued his new sport with the zeal of a convert. In

this, he is solidly supported by his biggest fan, his wife. She attends the races every time he competes. On occasions one or more of his children come along to supplement the Team Robson support base. He competes in all manner of races

throughout the year. Invariably, for every race on the program, he is a starter.

Trevor has made the usual progression through the ranks. Starting off as a D Grade rider, he has shown remarkable consistency, and is always somewhere among the placegetters. He aspires to become a regular B grader, but only if his results can warrant promotion, and his continued ability to compete consistently at that level. Meanwhile he continues to be competitive in 'C' Grade races.

Trevor rates a first placing in a points score race at Rockingham as his most notable and satisfying achievement to date. With the consistency he displays, it seems only a matter of time before he is able to build on that record.

Trevor and his wife are the proud parents of four children, and to date has been blessed with seven grand children. None of his children have shown an interest in bikes, but with the grand children coming along, there is always hope that he will be able to pass on his knowledge and commitment to the sport.

Tom Lyons

Laurie Livie – service before self!

Laurie Livie is one of the unsung heroes of cycling - a corner steward/marshal who attend races throughout the year regardless of weather or location and who always looks out for the welfare of cyclists,

Only his marriage has been a constant in Laurie Livie's life for a greater period than his involvement in cycling. Married for 51 years, Laurie is the proud patriarch of two children of his own, six grandchildren, and two great – grandchildren.

He still looks forward to getting out on the bike several times per week for his regular 'training' rides, notwithstanding that he had a car crash into him last year. This put him out of action for a couple of months. Like all committed bikies, Laurie was soon up and about and out on the bike again,

and once again waving the flags as a corner steward.

Second only to bikes as an interest outside of the family, Laurie has been active in Freemasonry in this State. During his 45 years of involvement he has achieved high rank in the Grand Lodge and Grand Chapter of Freemasons. He is still Secretary of two lodges, and Director of Ceremonies at another.

Laurie commenced cycling with the Midland – Bassendean club back in 1947. He rode both road and track during the period 1947 – 54. He was mainly a front marker and enjoyed modest success during his time with that club. His racing during the road season was often disrupted by his work, especially during the latter part of the season when the races got longer and earlier start times were necessary. Laurie worked mainly in the retail industry and Saturday morning trading put paid to his aspirations of winning one of the classics. (Sunday racing was unheard of in those days).

Laurie was a foundation Member of the old West Coast Vets (and is proud of subsequently being appointed a Life Member of the West Coast Masters) He was Secretary of the old club for four years after its formation. During this time he also raced. He thoroughly enjoyed the time he spent racing with the vets, and speaks glowingly of the supportive attitudes and camaraderie existing at that time, and which he believes typifies veterans cycling to this day.

It was whilst racing as a veteran cyclist that Laurie achieved his most notable

successes in the sport. He rode mostly as a B Grade rider and won two State Criterium Championships for ages 46 – 54 years (1986 and 1987) was runner -up in several age – group state championships, including two State 10 Mile Championships for veterans, in 1982 and 1984. Notwithstanding his relative success in

those latter years, he modestly states that throughout his racing career his ambition always seemed to exceed his ability.

In 1988 he had the first of several illnesses. During the period 1988 – 1995 he suffered constantly from problems associated with the sciatic nerve. This greatly restricted his cycling and robbed him of much of his earlier strength. He later had deep vein thrombosis in both legs. This condition restricted his racing even further.

Laurie reflects on the time he spent racing with great fondness. He never thought that the 'second chance' afforded by the creation of the West Coast Vets would extend his racing career to span 25 years, but has found great satisfaction and enjoyment as a member of the club. He continues to derive pleasure simply from being around bikies and in continuing to play a valuable role in the smooth running of the club's races.

Laurie's contribution to the sport typifies that of the many volunteer workers who enable so many sporting clubs in the community to operate. After gaining pleasure and other benefits from the sport over a period of many years, he relishes the opportunity to 'put something back in'. The members of West Coast Masters owe a debt of gratitude to the 'Laurie Livies' of this world. Without the contributions of such stalwarts the club would find it much more difficult to function.

Tom Lyons

Laurie's Masonic Invite

Ever wondered what the Freemasons do? Well, this is your chance to find out. Laurie Livie has extended a welcome to any of our members who wish to attend an 'Open Night' at a Masonic Lodge Room. The date - Tuesday 15th August at Cnr Shakespeare Street & Hobart Street, Mt. Hawthorn (partners welcome). The meeting is being held under the auspices of the Duke of Albany Lodge and the Westland Karingal Lodge.

For further information contact Laurie Livie at 9371-7892.

AVCC National Championships

See Denis Robinson or the Secretary for information. Entry forms now available for both track (at the Adelaide Speed Dome) and for road, crit and time trial races at Milang. See the AVCC web page for information on courses, accommodation etc. Look under 'SA' or 'Special Events' at; <http://www.ausvetcycling.com/>

ICF World Championships, 6 August 2006, Bondheiden, Belgium.

Want to be a world champion? The International Cycling Federation will be running its Road Race Championships in Belgium at the above date. AVCC licence is required. Registration for the races must be made via the Secretary of the AVCC, Mel Davies, Lot 11 Lance Street, Mt. Helena, WA 6082. Tel. 08-92953265; e.mail: mel.davies@uwa.edu.au

Also contact the AVCC Secretary if you wish to compete in other ICF vets races in Europe so as to ensure Public Liability insurance cover.

A Big NO NO!!

It was determined at the recent AVCC half-yearly meeting in Melbourne that riders will not be allowed to adopt a time-trial pose while riding in road races. Some riders have been observed (especially encouraged by some of the latest flat section carbon handlebars) to guide their machines with their forearms while grasping the hands in front of the bars to try to attain a more streamlined positions. Please note that any rider adopting this pose will be penalised – such practice not only endangers that rider but also the rest of the field.

MJD/June'06