



**West Coast
Masters Cycling
Council Inc.**

Newsletter – October 2009

President: Mr. Wayne Lally
Tel. 08-93302643
Web page: wcmasterscycling.asn.au

Correspondence to:
The Secretary, 220 Lance Street
Mt. Helena 6082, tel. 08-92953265

Affiliated to the Australian Veteran Cycling Council (AVCC) and the International Cycling Federation (ICF)

Newsletter kindly sponsored by:



‘Be Active’ AVCC National Championships, Perth

Come on lads and lasses, don't leave it until the last minute to enter the titles. We are trying to plan, and tardy registration doesn't help our cause. Enter on line or hand or mail the registration form to the Secretary. Nomination fees must accompany the registration.

Also, to complete the proceedings why not treat your long-suffering partner by taking him or her to the Dinner at Frenchys?.

NOTE: ENTRIES DEFINITELY CLOSE ON 3rd NOVEMBER. THERE WILL BE NO EXCEPTIONS!

For course maps, preliminary time tables and other details see our web page at: wcmasterscycling.asn.au

This is the first time since 2001 that we have run the titles, so a great opportunity to publicise the club.

As a reminder, Denis Robinson, ‘Fremantle Ocean Farm’ has spent hundreds of dollars on some magnificent Cycling figurines that will be presented to the points winners over the road Time Trial, Criterium and Road Races in each division. So enter all three to have a chance to win these magnificent trophies.

ANNUAL GENERAL MEETING

This will take place at 1.30pm on Saturday 12 December at the Belmont Sports & Social Club, Abernethy Road, Belmont. Any motions, suggested changes to the Constitution, or substantive matters for discussion should be forwarded in writing to the Secretary. Should you wish to nominate for a position on the committee you should find someone prepared to second your nomination. Remember, this is your club and your attendance at this once-a-year meeting would be greatly appreciated.

Forthcoming Events

All events **start** at **9.00am** unless otherwise advertised. Line noms, otherwise contact Handicapper, Alan Clark 93592747 <arsiclark@bigpond.com>, or, Racing Secretary, Trelma Lally 93302643 <waynelally@optusnet.com.au>

18 October, Gr. Scratch, Wandii

25 October, 25km Age Div Time Trial – noms 7 days in advance.

1 November, Gr. Scratch – Chidlow ‘B’

8 Nov – Stan Fennell, Trade Link Spring Classic 63km Handicap, Mandogalup
NOTE: Noms 7 days in advance.

This is Stan Fennell's hardy annual and prizes worth over \$3,000 will be presented.

**13-15 November, 'Be Active'AVCC
National Titles. Track and Road.**

29 November – Criteriums, Kewdale.

8.30am start

**Note: The Criterium calendar will soon
appear on the web page.**

RACE RESULTS

30 August Gr. Scratch, Neerabup

For a change, the Neerabup event was run in excellent conditions, reflected perhaps in the good turnout of 84 riders and certainly in the much faster lap times than recorded the last time the course was used.

A combined D/E grade started off the day's activity, with the small number in E grade being encouraged with two special cash prizes as well as the chance of taking the overall prizes. Of the five Larry Ross was the only rider who managed to finish in the bunch, while our oldest rider, Ray Craig, finished valiantly after a lonely ride. In the meanwhile, a break by Derek Crowther and Colin Butcher saw them ride away to a lead of about 3 minutes, the referee dismissing a complaint from some of the grade that they had taken pace from 'C' grade. He came to this conclusion after speaking to a majority of people in the bunch who stated that they had not taken pace and that they deserved their win. Rod Babel took the bunch sprint for third place, followed over the line by Rod Babel, Leno Antonelli, Roy Swift and Graeme Benthien.

'C' grade moved at a brisk pace, some 40 seconds per lap faster than 'D', with the pace picking up as Jeff Usher took the bit between his teeth to surge to a lead of 20 seconds with two laps to go. By the beginning of the bell lap his chances improved when he was joined by Bob Thomson, their combined effort seeing them hold on to a substantial lead at the finish line. Bob took the verdict over Jeff, while Justin McGoldrick once again showed his sprinting abilities by taking the bunch sprint ahead of Julia Austin-Olsen, who was closely followed by Rod Atkinson, Mark Burke and other keen finishers.

'B' grade was invigorated by the riding of Michael Johnson and new participant Scott Ales, both of who broke away with four laps to go. Two laps to go and they were caught, which left affairs to the sprinters to decide the placings. Nick Smith in winning by a couple of lengths from James Somers and the ever-present Matt Saliacus showed that he had fast returned to form after his illness. In the close-packed bunch it took the camera to decide the lesser placings, with Antony Bourne, Marty Van Moorsel and Frank Norton finishing in that order.

The premier grade saw a similar story to that told by 'B' grade, as on lap one Paul Watts and Nick Foster attempted to hold off the field, only to be caught during the third lap. Seeing an opportunity Ian Lyne and Doug Stewart forged ahead on the 5th lap to record a 1-minute lead on the line. With 4 to go the lead had been reduced to 40 seconds, with that time difference coming down by 5 seconds a lap until the bell when they were ahead by 25 seconds. Sometime during the final lap the chase came fast and furious, as seen by the fact that the two escapees were absorbed and that some of the bunch crossed the line with their tongues hanging out. It was again Sam Smith who proved fastest in the sprint, beating Paul Watts and Gray Wright by a couple of lengths, so moving himself even further ahead in the Rose Preedy competition. Keith Winch was fourth while Frans Buissink celebrated his 45th birthday when he beat Ian O'Brien and the rest of the pack.

'A' grade, 83km (11 laps)

1. Sam Smith; 2. Paul Watts;
 3. Gary Wright; 4. Keith Winch;
 5. Frans Buissink; 6. Ian O'Brien;
 7. Nick Foster; 8. Peter Shanley;
 9. Doug Stewart; 10. Ian Turner;
 11. Jorge Botello; 12. Ian Lyne;
 13. Greg Stoyles; 14. George Miller;
 15. Lee Parker; 16. Steve Mouritz;
 17. Jim Gibson; 18. Phil Johnston;
 19. Brian Farrelly; 20. Dean Gathercole.
- Average 12m 00s per lap.

'B' grade, 75k (10 laps)

1. Nic Smith; 2. Jamie Somers;
3. Matt Siliacus; 4. Scott Ales;
5. Antony Bourn; 6. Marty Van Moorsel;
7. Frank Norton; 8. Barry Wanless;
9. Gary Boterhoven; 10. Wal Crowley;
11. Paul Hayes; 12. Ian Skidmore;
13. Dale Groves; 14. Ian McFall;
15. Danny Kelsall; 16. Stephen Farran;
17. Chris Penniston; 18. Laurence Wynne;
19. Michael Johnston; 20. Dave Equid.
Average: 13m 20secs per lap.

'C' grade 68km (9 laps)

1. Bob Thomson; 2. Jeff Usher;
3. Justin MacGoldrick; 4. Julia Austin-
Olsen; 5. Rod Atkinson; 6. Mark Burke;
7. Bob Stephens; 8. Chris Hunt;
9. Tony Van Moorsel; 10. Des Thomas;
11. Trevor Robson; 12. Gavin Swanepool;
13. Dave Dyson; 14. Mark Crowther;
15. Anthony Peters; 16. Rod Tinniswood;
17. Darrell Miller; 18. Bronek Van
Moorsel; 19. Brian Walsh;
20. Trevor Phelps; 21. Albert Ullbrich.
13m 20secs per lap.

'D/E' grade, 60km (8 laps)

1. Derek Crowther; 2. Colin Butcher;
3. Rod Babel; 4. Leno Antonelli;
5. Roy Swift; 6. Graeme Benthien;
7. Alison Dyson; 8. Derek Mayall;
9. Roy Romeo; 10. Larry Ross;
11. Clinton Hort; 12. Pat Briggs;
13. Leon Nieuwinhauzen; 14. Ray Craig.
Average: 14m 00secs per lap.

13 September, 56k handicap, Herne Hill

In terms of both weather and racing it proved a marvellous day for the 62 starters – well it was so up to the final 300 metres when disaster struck, as a large part of the finishing bunch were seen going down like nine-pins. Despite the urgings of the referee before the race, it appeared that switching was the problem, as a rider or riders failed to keep a straight line. The result – four riders ambulanced off to hospital and a few walking wounded. Gary Boterhoven, Andrew Bennett, Bronek van Moorsel and Lino Antonelli are currently recuperating in the broken bones department, while Sam Smith, Atilla Nagy

and Danny Kelsall (recovering from his accident at Wandri) ended up with cuts, bruises and possibly worse. Sam's new machine was a write-off and there was also damage to the equipment of other riders. All in all, a sad ending to a perfect day and a lesson to all who need to heed the golden rule of riding in a straight line.

As for the race, all groups including the long-markers rode well with the union of all groups taking place on the final lap. 'A' grade lost George Miller half way through the race when his crank came off (hope his new bike is an improvement!) and Doug Stewart packed in early in the race following a fortnight of sickness. That left Gary Collett and Sam Smith, but as already mentioned, Sam was one of the unfortunate ones, which left only Gary to carry the flag for the bunch. He didn't disappoint and took the sprint by a clear length over Justin MacGoldrick of the 8min group who was in turn only centimetres ahead of Bob Addy, Lee Parker and Geoff Marshall. Terry Andrews riding his first race of the year was sixth and led in a crocodile of riders who were paid down to 15th place. Gary Collett also took fastest time but missed out on the glory of public adoration, as it was decided to abandon the prize ceremony because there were so many looking after the fallen heroes.

Results

Gary Collett (scr); Justin MacGoldrick (8m); 3. Bob Addy (4m30s); 4. Lee Parker (1m); 5. Goff Marshall (4m30s); 6. Terry Andrews (4m30s); 7. Ian Turner (3m); 8. Ian Lyne (1m); 9. Afton Galbraith (6m); 10. Peter Shanley (3m); 11. Bob Stephens (8m); 12. Steve Marks (1m); 13. Jorge Botello (3m); 14. Mark Leaker (8m); 15. Mike Lawrence (3m); 16. Ian Skidmore (8m); 17. Mark Crowther; 18. Chris Peniston (6m); 19. Rod Babel (17m); 20. Larry Ross (20m); 21. Bill Crout (17m); 22. Annie Bramley (17m); 23. Kevin Hart (20m); 24. Derek Mayall (17m); 25. Derek Crowther (14m); 26. Ray Craig (23m); 27. Brian Kennedy (20m); 28. Brian Walsh (10m); 29. Derek McVickers (10m); 30. Colin Butcher,

Fastest Time: Gary Collett – 1h 23m 30s.

20 Sept, Graded Scratch, Chidlow 'A'

With so many 'wounded' in the previous race and with some lured by the doubtful pleasures of riding down the newly opened freeway, the turnout of 67 riders was quite respectable, especially as it turned out to be a day when riders faced wet roads and periodic showers. However, undeterred, the valiant few provided some interesting racing, although there were three or four puncture victims who had to call it a day.

D' grade saw the return of recently crowned European Masters track sprint heroine, Heather Sanderson who did not disappoint when riding strongly throughout the race. With Yorkshire Pennines climbs still in her legs, Heather found no difficulties with the Chidlow circuit and escaped from the bunch along with Denis Cosgrove and Annie Bramley on the 2nd of the 11km laps. With the bunch at over 2 minutes on the bell lap, the trio had nothing to concentrate on but the final uphill sprint which Heather took with panache in a close sprint against Denis. Annie Bramley finished a few metres down, while Rod Babel took the bunch sprint. It is of interest to know that 'D' grade moved some 40secs faster per lap than 'C' grade.

Apart from a break of about 500m by Brian Buck in lap1, 'C' was the only group to stay together for the duration of the race. This played into the hands of the sprinters and resulted in a predictable finish when Mark Burke took 1st place just ahead of Justin McGoldrick, Wayne Lally, Dave Dyson and Mark Crowther. Regular prizewinner Bob Stephens took 6th place, while Amanda O'Connor rode strongly to finish in contention when taking 7th place.

'B' grade started at a slow pace but from the 2nd lap they gained momentum and picked up the lost time, especially as break of three, Andrew Candy, Atilla Nagy and Peter Shanley moved away. A couple of laps later Andrew withdrew to the shelter of the group while Atilla Nagy decided

that he'd try to avoid getting drenched by taking the right instead of the left hand turn at the roundabout. Seeing his opportunity, Matt Wilding closed the gap and with two laps to go were well clear of their compatriots. In the sprint, Matt proved the stronger of the two and won comfortably from Peter Shanley, while Wal Crowley led in Geoff Marshall, Greg McCoy and the rest of the field by a minute or so.

In the premier grade, the pace was brisk but the real action took place with just over half the race completed when Gary Wright, Fenton Moran and Sam Smith opened up a gap of 35 seconds when timed at the bell. Poised on his brand new bike, Sam Smith then attacked to power away alone, finishing almost two-minutes clear of the 2nd place rider, Fenton Moran. Doug Stewart challenged hard to finish in 3rd place, while Graham Betts who usually glories on the track was pleased with his 4th place, just ahead of George Miller.

'A' Grade 88km (8 laps)

1. Sam Smith; 2. Fenton Moran;
3. Doug Stewart; 4. Graham Betts;
5. George Miller; 6. Keith Winch;
7. Gary Wright; 8. Brian Farrelly;
9. Ian Lyne; 10. Simon Chester.
Average 18m 0s per lap.

'B' Grade 77km (7 laps)

1. Matt Wilding; 2. Peter Shanley;
3. Wal Crowley; 4. Geoff Marshall;
5. Greg McCoy; 6. Nick Smith;
7. Steph Ratcliffe; 8. Steve Bush;
9. Afton Galbraith; 10. Kelly Gray;
11. Antony Bourn; 12. George Law;
13. Andrew Candy; 14. Rick Churchill.
Average 19m 0s per lap.

'C' Grade 66km (6 laps)

1. Mark Burke; Justin McGoldrick;
3. Wayne Lally; 4. Dave Dyson;
5. Mark Crowther; 6. Bob Stephens;
7. Amanda O'Connor; 8. Steve Richards;
9. Chris Hunt; 10. Rod Tinniswood;
11. Brian Buck; 12. Graham Blyth;
13. Paul Wighton; 14. Jeff Usher;
15. Peter Whalley.
Average 19m 40s per lap

'D' Grade 55km (8 laps)

1. Heather Sanderson; 2. Denis Cosgrove;
 3. Annie Bramley; 4. Road Babel;
 5. Bill Crout; 6. Derek Mayall;
 7. Alison Dyson; 8. Geoff Gilmore;
 9. Gerry Allen; 10. Ray Romeo;
 11. Clinton Hort; 12. Denis Robinson.
- Average: 20m 20s per lap.

27- 28 September, Mark Keyser – AWT 2-Day Tour

The 2-day tour was again voted an outstanding success by participants. There was some hot competition and some outstanding performances. Standing out were the three first placings by Russell Brooks in 'A' grade. At the other end of the age spectrum, 75-year old Michael Guerin's performance in the time trial was an inspiration and a reflection of his excellent performances in Word Masters events. Bob Addy recaptured old glories and kept the crowd on its toes with a long escape in the 'B' grade criterium and there were many other rides that showed people were prepared to have a go. Our female members also performed well – with Annie Bramley shining when taking out 1st place over the four events in 'D' grade. Individual points can be found on our web page, but see below for the overall points.

'A' grade

1. Russell Brooks 34points;
2. Teague Czislawski 22;
3. Matt Dec 20;
4. Pedro Turibaka 18;
5. Sam Smith 18;
6. Fenton Moran 13;
7. Andrew Brierley 12;
8. Doug Stewart 11;
9. Garham Betts 6;
10. Dean Gathercole 6;
11. Frans Buissink 4;
12. Gary Wright 3;
13. Nick Foster 3;
14. Jim Gibson 2;
15. Ian O'Brien 1;
16. Brian Farrelly 1.

'B' Grade

1. Paul Lamond 28pts;
2. Peter Shanley 22;
3. Mark Paget 21;
4. Ian Lyne 16;
5. Marty van Moorsel 13;
6. Greg McCoy 11;
7. Bob Addy 10;
8. Ian Turner 8;
9. Darren Hawley 8;
10. Nic Smith 7;
11. Geoff Marshall 6;
12. Steph Ratcliffe 5;
13. Frank Norton 4;
14. Andrew Candy 2;
15. Justin McGoldrick 2;
16. Matt Saliacus 1.

'C' Grade

1. Wayne Lally 28;
2. Mark Burke 26;
3. Mark Crowther 26;
4. Tony McGrath 24;
5. Nic Crane 22;
6. Nathalie Laurendeau 14;
7. Tracy Ober 13;
8. Mick Russell 6;
9. Brian Buck 6;
10. Rod Tinniswood 6;
11. Kelly Gray 4;
12. Bob Stephens 3;
13. Sue Johnston 3;
14. Mark Crowther 1;
15. Graham Blyth 1.

'D'Grade

1. Annie Bramley 27pts;
2. John Wighton 24;
3. Rod Babel 23;
4. Bill Crout 20;
5. Denis Cosgrove 19;
6. Jon Dooner 18;
7. David Liddy 13;
8. Shane White 11;
9. Darren Miller 10;
10. Heather Sanderson 7;
11. Derek Mayall 7;
12. Derek Crowther 3;
13. Alison Dyson 3;

'E' Grade

1. Roy Swift 23pts;
2. Larry Ross 19;
3. Terry Lack 18;
4. Kevin Hart 16;
5. Brian Kennedy 15;
6. Michael Guerin 15;
7. Ray Craig 14;
8. Ken Portman 12;
9. Denis Robinson 9;
10. Fran Watson 1.

Sunday 4 October – 'Willing Homes' WCMCC State Road Age Championships, Mt Helena

As with all championship events there won't be a blow-by-blow account of the proceedings. Conditions were perfect, the location pleasant and the racing excellent. There were 80 riders on the start sheet, though a few failed to turn up for the ride around the hills, most because of attacks of flu – though the most disappointing aspect was the lack of female support, with only one of the fair sex – Heather Sanderson – taking part. Heather rose to the challenge by surging to a two-minute lead over her male compatriots in the oldest category of the day. One of the unluckiest riders was Lee Parker who was in contention in the 40-44yr age group with 1km to go when he suffered from the dreaded puncture bug.

The garden of the Mt Helena Tavern proved a pleasant location for the prize-giving to the medal winning heroes! OThe sponsor and our Patron, Doug Willing presented the prizes accompanied by wife Rosemarie. Congratulations to one and all.

Women 60-64yrs, 40km

Gold: Heather Sanderson.

75 – 79yrs plus, 40km

Gold: Roy Swift.

70-74yrs, 40km

Gold: Larry Ross

Silver: Denis Robinson

Bronze: Derek Mayall.

4. Terry Lack.

65-69yrs, 40km

Gold: Bob Addy

Silver: Geoff Marshall.

Bronze: Wayne Lally.

4. Derek McVickers; 5. Denis Cosgrove;

6. Derek Crowther; 7. Peter Whalley;

8. Tony Speechley; 9. Ray Clancey;

10. Doug Willing.

60-64yrs, 60km

Gold: Steph Ratcliffe

Silver: Terry Skinner

Bronze: Bob Stephens

4. Malcolm McWatt; 5. Trevor Robson.

55-59yrs, 60km

Gold: Atilla Nagy

Silver: Graham Blyth

Bronze: Laurence Wynne

4. Rod Tinniswood; 5. Mark Burke;

6. Paul Wighton.

50-54yrs, 80km

Gold: Mark Paget

Silver: Dave Berglund

Bronze: Terry Driessen

4. Matt Davis; 5. Wal Crowley;

6. Mike Lawrence; 7. Jorge Botello;

8. Dave Equid.

45-49yrs, 80km

Gold: Keith Winch

Silver: Paul Lamond

Bronze: Ian Lyne

4. Peter Shanley; 5. Jim Gibson;

6. Ian Turner; 7. Mark Horn;

8. Barry Wanless; 9. Mike Brammer;

10. George Law; 11. Matt Wilding;

12. Steve Marks.

40-44yrs, 80km

Gold: Pedro Turibaka

Silver: George Miller

Bronze: Chris Glasby

4. Greg Stoyles; 5. Antony Bourn;

6. Mark Crowther; 7. Lee Parker.

35-39yrs, 80km

Gold: Sam Smith

Silver: John Gregg

Bronze: Doug Stewart

4. Paul Watts; 5. Dave Rawlings;

6. Deane Gathercole; 7. Roger Knight;

8. Justin McGoldrick; 9. Afton Galbraith.

For those with a bent for statistics, the times for the various groups per lap are as follows (the time for the 35-39 years group being a course record):

35-39yrs 30m 30s; 40-44yrs 32m 30s;

45-49yrs 33m 30s; 50-54yrs 34m 15s;

55-59yrs 34m 40s; 60-64yrs 34m 20s;

65-69yrs 34m 00s; 70-79yrs 43m 30s.

By large, youth does seem to have a distinct advantage when it comes to speed!

10 October - Gr. Scratch, Wandí

A bit chillier than forecast but a light breeze made for good racing conditions among the 78 starters. Four riders in ‘A’ grade went into action from the word go, with George Miller, resplendent in new clothing and a new bright yellow frame, leading a break containing Ian Lyne, Matt Tognini and Mark Roberts that held a gap of over 30 seconds on the first lap. Working well, the four escapees at one time built up a lead of 50 seconds. This came down to about 25 seconds with two laps to go, but this seemed to spur on the four, for at the bell they were just over a minute up. George Miller sprinted hard with 300 metres to go but cramp within 20 metres of the line that caused him to lose his pedal and almost come to grief. However, he managed to just beat Mark Roberts, while Matt Tognini and Ian Lyne were close behind in 3rd and 4th places respectively. Andrew Brierley led in the bunch for 5th place.

‘B’ grade were in good form especially as all finished in one piece – a welcome change from the unfortunate incidents of the previous weeks. To everyone’s surprise, Danny Kelsall re-appeared in the ranks and didn’t even look apprehensive when facing the task. Moving at a fair pace, there seemed little opportunity for breaks to appear, though at one stage Matt Saliacus, Bob Addy and Nick Smith opened up a gap of 100 metres

but were back in the bunch on the following lap. Apart from some cursing heard at the line when the bunch still had 300 metres to go, this was a clean sprint with no recorded bodily contact, Gavin Wark leading in Nick Smith by over a length, with Geoff Marshall on his hip to take third. There was only a hairs width between Matt Saliacus and Matt Davis that could only be determined by the camera. Antony Bourne took the final cash prize in 6th place with a large bunch close behind.

'C' grade appeared to move at a serene pace until three laps to go when Brian Buck, Dave Equid, Steve Dodd and Mark Leaker opened a gap. At the bell they looked like certain winners but Brian was determined to improve his chance of being promoted to 'B' by taking the initiative, and subsequently led in the quartet by about 15 seconds. Dave Equid was pleased with his 2nd place while Steve Dodd found his recent layoff had done himself the world of good when taking 3rd place ahead of Mark Leaker. Mark Burke slipped down the finishing list from his recent triumphs to finish 5th while Mick Russell knocked Bob Stephens out of the money when coming in 6th.

With some riders being at the World Titles in Sydney, there were too few 'E' grade nominations for an 'E' grade to be run. Twenty-one riders therefore rode the course, with the bulk of them being in contention at the end of the six laps. Graeme Benthien seemed to be enjoying a flush of enthusiasm as he appeared off the front on a couple of laps, while the remainder of the field appeared to prefer the comfort of a back wheel shelter. The sprint went from a long way out and with 50 metres to go it looked as if Geoff Gilmore would cross first, but he appeared to ease which gave Bill Crout and Graeme Benthien, who finished in that order, the opportunity to beat him over the line. Quinton Brown continued his good form when finishing fourth, just ahead of Rod Babel, Roy Swift and the rest of the group.

'A' grade, 86km (10 laps)

1. George Miller; 2. Mark Roberts;
3. Matt Tognini; 4. Ian Lyne;

5. Andrew Brierley; 6. Paul Lamond;
7. Keith Winch; 8. Ian Turner;
9. Jon Gregg; 10. Greg Stoyles;
11. Gary Wright.

Average 12m 45s per lap.

'B' grade, 77k (9 laps)

1. Gavin Wark; 2. Nick Smith;
3. Geoff Marshall; 4. Matt Saliacus;
5. Matt Davis; 6. Antony Bourn;
7. Andrew Candy; 8. Lindsay O'Brien;
9. Ian Skidmore; 10. Steph Ratcliffe;
11. Terry Hobson; 12. Afton Galbraith;
13. Bob Addy; 14. ?? ; 15. James Somers;
16. Terry Andrews; 17. Andrew Annan;
18. Danny Kelsall; 19. Dale Groves;
20. Ian McFall; 21. Peter Clark;
22. Chris Peniston.

Average: 13m 40secs per lap.

'C' grade 69km (8 laps)

1. Brian Buck; 2. Dave Equid;
3. Steve Dodd; 4. Mark Leaker;
5. Mark Burke; 6. Mick Russell;
7. Bob Stephens; 8. Graham Blyth;
9. Derek McVickers; 10. Ray Clancey;
11. Malcolm McWatt; 12. Dave Dyson;
13. David Liddy; 14. Trevor Robson;
15. Brian Sawyer; 16. Sue Johnston;
17. Jeff Usher; 18. Paul Wighton.

Average: 14m 00secs per lap.

'D' grade, 52km (6 laps)

1. Bill Crout; 2. Graeme Benthien;
3. Geoff Gilmore; 4. Quinton Brown;
5. Rod Babel; 6. Roy Swift;
7. Derek Mayall; 8. Larry Ross;
9. Kevin Hart; 10. Annie Bramley;
11. Jon Wighton; 12. Alison Dyson;
13. Derek Crowther; 14. Roy Romeo.
15. Bill Ross; 16. Ken Portman;
17. Allan McDonald; 18. Dave Nangle;
19. Helen Peniston; 20. Leo Enright..

Average: 15m 30secs per lap.

First Aid

The unfortunate spate of accidents at recent races has brought our attention to the need and importance of having personnel trained in First Aid. Lots of people stand around when accidents happen but it would help the club if members who are qualified to administer First Aid could identify themselves so that

in case of emergency they can be called upon, if need be, to administer aid. If you have had training, or if you are trained and need a refresher course then please let us know. We are also interested in recruiting a few people prepared to undertake a course – so if in that category, again, put your name down and we will attempt to see that you receive adequate training.

You never now when you'll need help, nor when your help can prevent someone from being permanently injured.

FOR SALE

Stan Fennell, renown for only buying the best, has a machine to offer that should provide someone with a great bargain. It's a Cannondale 08 System 6 that's been ridden less than 3,000km. There are no marks or scratches, and says Stan, is a beautiful bike to ride. His reason for selling is that its surplus to requirements.

As for equipment, it has a Sram Rival groupset; a Fizic saddle; Mavik Aksium rims; Continental tyres; and the colour is Patriot blue. Size 56cm (from centre seatpost to centre bottom bracket).

The bike can be viewed through the Cannondale site at <http://www.cannondale.com/bikes/08/cusa/model-8RST1D.html>

Or Stan will be happy to send photos. Cost is **\$2,600** – new retail price is \$4,000.

Ring Malcolm on 0408-959-458, or Stan at 04082-82341

Congratulations

Good to see some great rides by our members at the CA Masters Championships in Canberra, and at the World Masters Games in Sydney.

Kelly Grey too the gold medals in both the criterium and road race in Canberra, and also took the 'Champion of Champions' jersey in her age group. Fred Landon took gold in the Time Trial and Road race; Fenton Moran took silver in the criterium and Mark Roberts the silver in his division's Time Trial.

A bit late for us to record what's happened in the Worlds but news is that a number of our riders have featured in the

medals. We'll update in the next newsletter.

Rose Preedy Points Competition

With the AVCC Championship dinner taking place at Frenchys Restaurant, Como, we thought it would be appropriate to present the Rose Preedy awards at that function. As well as the Rose Preedy trophy and awards to the 1st ten placegetters, there will be the special award for the 'Most Improved Rider'. It could be you!! Turn up on the 15th November to find out!

Regarding the competition, Sam Smith looks to have gained sufficient points to ensure the trophy. But for the rest its still a very close affair and there are a few more events to go. Results are up to the Age TT on 7 September – so this list is a week or so behind. Question is: will Alison beat Dave? For full list of points and an update **see our web page.**

Name	Rank	Points
Smith, Sam	1	247
Marshall Geoff	2	207
Burke Mark	3	196
Shanley Peter	4	183
Mayall Derek	5	173
Bourn Antony	5	173
Stephens Bob	7	196
Babel Rod	8	156
Collett Gary	8	156
Brierley Andrew	10	155
Robinson Denis	10	155
Miller George	12	154
Crout Bill	13	151
Turner Ian	14	148
Ross Larry	15	147
Briggs Pat	16	143
Wright Gary	16	143
Saliacus Matt	18	142
Winch Keith	19	139
Dyson Alison	20	134
Dyson Dave	21	133
Wighton Paul	22	130
McGoldrick Just.	23	129
Swift Roy	24	126
Robson Trevor	25	125

