WEST COAST MASTERS CYCLING COUNCIL Inc.

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Newsletter APRIL 2005

Web Page - Coming Soon

Thanks to Dom Bruewhiler we will soon have access to a new club web site. The address is:

http://www.wcmasterscycling.com.au/

Happy viewing.

International Cycling Federation

We are pleased to announce that the AVCC has recently affiliated with the International Cycling Federation (ICF). The organization has a large number of affiliated bodies that are not affiliated to the UCI. They offer an excellent alternative to the UCI in terms of catering for those of Veteran age and run their World Championships in Belgium every August. These championships attract hundreds of riders. One great advantage is that it costs very little to ride in ICF events, there's no need to take out a special licence that costs the earth and any of our members can now select from a wide menu of races that are offered in Europe. For example, it's possible to ride in Belgium almost any day of the week. The only problem we have at the moment is that riders need to be covered for Public Liability cover. Our own insurance doesn't allow us to cover our riders unless they've been selected to ride for the AVCC in specified events but it is possible to get cover Belgium when paying the entry fee. The AVCC is currently working on alternatives that will be cheaper and perhaps more convenient for our members. More info soon.

Congratulations

Congrats to Lorraine Schutz for blitzing the field in Cycling Australia's Masters time trial championships. Lorraine not only won her division but took out the fastest time over all the women's categories. In the same championships, our Vice-President, Denis Robinson also pulled out all stops when finishing in silver position in the pursuit. The guy who took the gold, took the world record for the age division.

Again, congrats to Lorraine for taking out the time trial handicap and fastest woman awards at the Victorian Vets Maryborough races over the Easter weekend. In addition, Lorraine won the women's road race. Bryan Taylor also deserves plaudits for taking a place in his age division in the criterium race. Over 240 riders competed during the weekend and both Lorraine and Bryan were up against top class riders.

Race Results

13 March, 40km TT Championships, Serpentine

Sporting 'funny' bars & extensions, 35 paid-up members spent a happy hour or so fighting the clock on a fine a relatively calm morning in this ATTA-run event. Overall winner on age-standard was our own World Champion, Lorraine Schutz who proved unbeatable with a 1hr 4min 58s ride that gave her a standard of plus 15m 08s. This was good enough to drive Steph Ratcliffe into Sliver medal place and Bob Barnes into the Bronze position. Oldest rider in the race was Hal Burdon, who riding in the 80yrs plus category shamed many a youngster in the field. Unluckiest rider of the day was Denis Robinson who suffered a puncture and a DNF, and Laurence Wynne who took the wrong road at one of the turnings. As this was a counting event to the Rose Preedy Competition, then everyone gained valuable brownie points, as these are awarded down to 6th place on fastest times in the divisions. Proving the time standards to be accurate to the nth degree was Janet Bennett whose standard appeared as a duck! Overall winner of the event was Ed Holland who took over a minute off the course record, to record a time of 53m 24s, an average of 45.2 per hour.

Age Standard Championship Awards			
Gold Lorraine Schutz	1.04.58	+15.08	
Silver Steph Ratcliffe	1.01.47	+13.08	
Bronze Bob Barnes	1.03.57	+11.51	

1.03.57	+11.51
1.04.58	+15.08
1.18.20	- +0.00
1. 21. 42	-0.56
1.17.26	-5.16
1.08.02	+3.04
1.20.14	+9.30
	1.04.58 1.18.20 1. 21. 42 1.17.26 1.08.02

75-79 yrs		
1. Brian Paxman	1.16.55	+8.44
2. Ray Craig	1.17.32	+9.24
70-74 yrs		
1. Derek Myall	1.13.13	+8.58
2. Jack Iveson	1.18.25	+4.06
65-69 yrs		
1. Len Hall	1.09.21	+11.21
2. Tony Van Merwyk	1.15.19	+5.23
3. Phil Gyford 1.22.0		
60-64yrs		
1. Derek McVickers	1.09.53	+9.02
2. Paul Crespi	1.18.34	-1.58
3. Dave Nangle	1.19.37	-1.52
55-59 yrs		
 Steph Ratcliffe 	1.01.47	+13.08
2. Bob Barnes	1.03.57	+11.51
50-54 yrs		
1. Fred Landon	1.04.12	+6.54
2. Dan Gillespie	1.08.58	+2.08
3. Mark Burke	1.08.29	+2.39
4. Paul Wighton	1.14.01	-1.18
5. Pat Briggs	1,17.35	-6.24
45-49 yrs		
1. Graeme Muston	1.03.22	+5.39
2. John Domican	1.05.57	+2.03
3. Steve Illich	1.09.19	-1.19
4. Andrew Duff	1.09.32	-1.01
5. Brian Sheldrick	1.09.46	-0.14
40-44 yrs		
1. Andrew Mackie	1.03.23	+4.07
2. Alan Clark	1.07.11	+0.19
3. Paul Laidman	1.08.53	-1.53
35-39 yrs		
1. Chris Glasby	1.00.15	+4.47
2. Paul Barizza	1.00.46	+4.16
3. Brett Shortland	1.06.42	-3.06
4. Ed Campbell	1.07.04	-2.31

20 March – Cycle Instead – WCMCC Criterium Age Division Championships, Smeaton Way, Rockingham

A very entertaining and successful day for this Bikeweek event, as 89 riders left the blocks on the Smeaton Road circuit. The weather was perfect, there were no accidents and only two or three punctures. Shane White forgot his very large shoes and had to squeeze into a pair donated by a young spectator, suffered throughout his race with cramped feet but nevertheless battled on to the end. Unlucky rider award was shared by Ken Harvey and Fred

Landon. Ken started the last lap of the 50-54 year group in tandem with Dave Bebee but while Dave managed hang on to finish third, Ken punctured half way through the circuit and finished on a flat in fifth place. Fred Landon was also sitting nicely for a placing but punctured as he entered the final lap, so wasn't able to take advantage of the lap-out rule and had to be content with a DNF. No blow-by-blow account but just the medal results for the various mixed divisions, with placings for the rest.

80-84 years

Gold Hal Burdon.

75-79 years

Gold Tom Atkinson

Silver Ray Craig

Bronze Brian Paxman

70-74 *years*

Gold Gerry Lawford

Silver Jack Iveson; 3, Des Williams

Bronze Des Williams

65-69 years

Gold Barry Eversden

Silver Len Hall

Bronze Allan Kinghorn

4. Terry Lack; 5. Bob Norton; 6. Denis Robinson; 7. Jim Campbell.

60-64 years

Gold Wayne Lally

Silver Gavin Brown

Bronze Bob Stephens

4. Derek McVickers; 5. Doug Macdonald;

6. Paul Crespi.

55-59 years

Gold Steph Ratcliffe

Silver Bob Barnes

Bronze Ron McArthur

4. Gary Boterhoven; 5. Trev Robson.

50-54 years

Gold Ian McFall

Silver Stuey Stockdale

Bronze Dave Bebee

- 4. Atilla Nagy; 5. Wal Crowley;
- 6. Ken Harvey; 7. Danny Gillespie;
- 8. Laurence Wynne; 9. Dave Townson;

10. Pat Briggs.

45-49 years

Gold Graeme Muston

Silver Andrew Duff

Bronze Mike Lawrence

- 4. Rob Suter; 5. Bryan Taylor;
- 6. Craig Dalwood; 7. Mario Librizzi;

- 8. Frans Karel; 9. Andrew Bennett;
- 10. Bob Russell; 11. Laurie Longworth;
- 12. Brian Sheldrick; 13. Steve Dodd;
- 14. Neil Ribbans; 1
- 5. Shane White; Steven Weir.

40-44 years

Gold Darren Miller

Silver Paul Moke;

Bronze Steve Berglund

- 4. Rob McGowan; 5. Dave Hutson;
- 6. Tony Beaumont; 7. George Law;
- 8. Tony Tucknott; 9. Alan Clark;

10. Paul Hare.

35-39 years

Gold Fenton Moran

Silver Paul Barizza

Bronze Brett Shortland

4. Dom Bruehwiler; 5. Steve Lack;

8. Phil Nichols.

Women 45-49 years

Gold Sheona Clark

Silver Janet Bennett

Women 35-39 years

Gold Carrie Prior

Silver Leanne Hoffman

Bronze Michelle Robertson

10 April – Herne Hill, Graded Scratch

Attracted by the almost perfect conditions the opening race of the road season saw 85 riders face the starter. Considering the numbers, there appeared few prepared to get out of the shelter of the bunch, with the result that all but 'A' grade were decided only in the final lap of the race. With 23 starters it took a brave decision by Rob McGowan, Rob Suter, Tony Beaumont and Fenton Moran to challenge the bunch by attempting a break on lap one, but their lead was nullified during the 2nd circuit, only for Rob McGowan and Matt Tognini to make another attempt with two laps to go. Their tenacity paid off and despite a hectic chase on the final lap, as witnessed by the crocodile of riders that crossed the line, Matt was to have a clear win against Rob in the sprint. Stephen Carton managed to ride off the front of the chasing bunch to finish a clear third, while Merv Byfield, Dom Bruehwiler and Graeme Muston headed in the remainder. With an average of 16m 35s a lap, this proved one of the fastest events on the course in recent years.

If the loud voices coming from 'B' grade were anything to go on, there were a few unhappy riders in the field – unhappy because most riders in the bunch were happy to sit on, rather than to have a go. Still, riding some 1min 40secs slower than 'A' showed that the pace must have been on during much of the race. While the bunch was more closely packed at the finish than in the premier race, the judges had little trouble in getting the numbers, with the win going to the ever danger-man, Laurence Wynne by a bike length over Gary Boterhoven and Paul Verburg. Mario Librizzi just managed to hold off Derek McVickers, Ken Harvey and the rest of the bunch to take fourth place.

According to all reports, the 'iron-man' in 'C' grade was Graham Iddles who blasted away at the front of the bunch for much of the race. However, Graham didn't get his just reward for in the bunch finish it was the large figure of Marshall Hughes that surged to the front to head Bob Stevens, Bill Crout, Colin Rossiter and Graeme Benthien across the line.

With 18 starters and some renown sprinters in 'D' grade, and everyone together as they hit the bell lap, it came as a great surprise to see two riders some 500 metres ahead as they entered the long finishing straight. An even greater surprise was that the figures were female and that they were riding their first event with the club. At the finish it was Fiona Wood who proved triumphant over Delia Symms, with Barry Eversden taking third some 20 seconds down. Roy Swift showed he was back for the road season by coming in on Barry's tail, closely followed by Derek Mayall and Jack Iveson. Riding his first event since his serious accident a year or so ago, Vince Preedy surprised everyone by finishing 7th of the 18 finishers.

The 'E' graders rode a brisk pace being only about one-and-a-half minutes slower than 'D' grade on the first couple of laps. The field remained intact for half the race but over the next two laps a group of four got away, leaving everyone else to ride

into the finish one-by-one. Brian Paxman who had done a lot of work at the front proved successful in the sprint when just managing to hold off the newly returned Paul Arnold, Fran Watson and Janet Bennett.

A Grade – 55km (5 laps)

- 1. Matt Tognini; 2. Rob McGowan;
- 3. Stephen Carton; 4. Merv Byfield;
- 5. Dom Bruehwiler; 6. Graeme Muston;
- 7. George Miller; 8. Paul Moke;
- 9. Alan Clark; 10. Andrew Brierley;
- 11. Steph Ratcliffe; 12. Wal Crowley;
- 13. Dave Hutson; 14. Bruce Hunt;
- 15. George Law; 16. Ian McFall;
- 17. Tony Beaumont; 18. Andrew Duff;
- 19. Fenton Moran; 20. Fred Landon;
- 21. Rob Suter; 22. Mick Russell;
- 23. Steve Lack. Aver. 16m 35secs per lap.

B Grade – 55km (5 laps)

- 1. Laurence Wynne; 2. Gary Boterhoven;
- 3. Paul Verburg; 4. Mario Librizzi;
- 5. Derek McVickers; 6. Ken Harvey;
- 7. Bob Russell; 8. Andrew Bennett;
- 9. Paul Hare; 10. Atilla Nagy;
- 11. Dan Gillespie; 12. Steve Dodd;
- 13. Bryan Taylor; 14. Brett Shortland;
- 15. Rick Churchill; 16. Wayne Lally;
- 17. Bill Mentor; 18. Bruce Bussey;
- 19. Colin Muijs; 20. Mark Butler.

C Grade – 44km (4 laps)

- 1. Marshall Hughes; 2. Bob Stevens;
- 3. Bill Crout; 4. Colin Rossiter;
- 5. Graeme Benthien; 6. Richard Edinger;
- 7. George Fyvie; 8. Roger Scott;
- 9. Graham Iddles: 10. Mark Burke:
- 11. Paul Wighton; 12. Len Hall;
- 13. Ian Stewart; 14. Nino Foglioni.

D Grade – 44km (4 laps)

- 1. Fiona Woods; 2. Delia Symms;
- 3. Barry Eversden; 4. Roy Swift;
- 5. Derek Mayall; 6. Jack Iveson;
- 7. Vince Preedy; 8. Rod Babel;
- 9. Tom Atkinson; 10. Michelle Robertson;
- 11. Lindsay Froyland; 12. Denis Robinson;
- 13. Terry Lack; 14. Paul Crespi;
- 15. Kevan Logan; 16. Dave Nangle;
- 17. Shane White; 18. Ray Craig.

E Grade – 44km (4 laps)

- 1. Brian Paxman; 2. Paul Arnold;
- 3. Fran Watson; 4. Janet Bennett;
- 5. Sharon Clark; 6. Leo Enright;
- 7. Jim Campbell.

17 April – Lakes Bikes Age Div. Scratch, Mandogalup

A Grade - 55km (5 laps)

The shift of location from Wandi to Mandogalup did have repercussions for some, as the 'hill' put pay to the aspirations of quite a few riders and caused some temporary agony for others. Sixty starters and four divisions saw respectable bunches and respectable times around the circuit. Among the 18 'youngsters' in the 35-44 year age group it was a matter of steady attrition, though at the bell there was still a sizeable group in contention for first place. However, on the final lap Mark Peterson proved too strong on the hill and rode away to a 15second victory. In the bunch sprint Andrew Brierley was a clear winner while Paul Moke managed a powerful surge to just get ahead of Paul Barizza and Dom Bruehwiler at the line.

Fred Landon attacked almost from the word go in the 45-54 year group, took out the magnificent prime prize of a green drinks bottle and was only absorbed by the bunch on the third lap. With two of the five laps to go, there was a nice move by Graeme Muston, Merv Byfield and Roger Hales, and working together they were alone to contest the sprint for the finish. Graeme Muston proved the stronger on the day and was followed in by Merv and Roger, in that order. In the nine-strong bunch sprint the yellow jersey of Bryan Taylor loomed to the fore while Ian McFall, Andrew Duff and the other members of the group were close behind.

It was no surprise in the 55-64 year age division to see Steph Ratcliffe ride most of the race alone as he time trialled after a lap or so to record a clear victory. In the six-up sprint for the remaining placings, Gary Boterhoven proved triumphant, with Bob Stephens close to his wheel. Geoff Marshall did well to hang in for 4th place after his recent health problems, while Ron

Master was happy with his 5th place, seeing as this was his return race.

The 65-year plus group also contained the female fraternity, all of whom gave a good account of themselves. With the bunch staying almost intact to the start of the final lap, it looked like anyone's race. but that was to discount Len Hall who had other ideas. Attacking on the hill, there was no one to hold him and he managed to ride strongly to finish over half-a-minute to the good. In the five-up sprint for second place, victory went to Michelle Robertson who managed to jump Roy Swift in the last 10metres, while Derek Mayall was content to finish just ahead of Brian Paxman to take 5th place.

35-44 years 62km (5 laps)

- 1. Mark Peterson; 2. Andrew Brierley;
- 3. Paul Moke; 4. Paul Barizza;
- 5. Dom Bruehwiler; 6. Steve Berglund;
- 7. Stephen Carton; 8. Rob McGowan;
- 9. Tony Beaumont; 10. Brett Shortland;
- 11. Dave Hutson. Aver. 19m 15s per lap.

45-54 years – 62km (5 laps)

- 1. Graeme Muston; 2. Merv Byfield;
- 3. Roger Hales; 4. Bryan Taylor;
- 5. Ian McFall; 6. Andrew Duff;
- 7. Bob Russell; 8. Wal Crowley;
- 9. Dave Bebee; 10. John Reed;
- 11. Atilla Nagy; 12. Fred Landon;
- 13. Ken Harvey. Average 20m 15s per lap.

55-64 years – 49km (4 laps)

- 1. Steph Ratcliffe; 2. Gary Boterhoven;
- 3. Bob Stephens; 4. Geoff Marshall;
- 5. Ron Master; 6. Clint Bird;
- 7. Bill Mentor; 8. Derek McVickers;
- 11. Colin Rossiter; 12. Paul Crespi;
- 13. Dave Nangle. Aver. 20m 30s per lap.

65 years plus – 49km (4 laps)

- 1. Len Hall; 2. Michelle Robertson;
- 3. Roy Swift; 4. Derek Mayall;
- 5. Denis Robinson; 6. Brian Paxman;
- 7. Sheona Clark; 8. Jack Iveson;
- 9. Tom Atkinson; 10. Leo Enright. Average 22m 30secs per lap.

24 April – Herne Hill Graded Scratch

Seventy-five riders found it a pleasant day for riding, with only the hint of a breeze and temperature in the mid-20s. 'A' grade attracted the largest field of the day with 22 starters, though a few of that number found the pace hot at times as break after went and came back. Fenton Moran, Darren Miller and Paul Moke opened up a gap in the early laps but that, and other attempts to get away were thwarted by an attentive bunch. The hammer was really put down on the sixth and final lap making the judging easy, as a crocodile of riders, led in by Andrew Brierley passed over the line. Stephen Carton who had been very active during the race was a close second, while Steve Berglund also exhibited his sprinting powers when beating Bruce Hunt, Fred Landon, Rob McGowan and Wall Crowley into money winning places.

'B' grade was made interesting with the inclusion of a tandem ridden by Paul Lamond and Lynne Lepore. The pace of the 19-strong group was only a minute or so behind that of the premier grade but very few were blown away, resulting in a large and closely bunched finish. The judges, however, were grossly deceived, believing that Dan Gillespie who rode in almost a minute ahead of the bunch had broken away on the final lap to record a fine victory. However, the truth was that Dan had sat up and had almost been lapped when he crossed the line. So egg on the face of the judges and a few seconds of glory for Danny who was surprised to learn of his elevation! Wayne Lally kept up his improving form with a very close second place, while Geoff Marshall in third place was also showed improvement after his recent forced lay-off. Andrew Bennett held off Bob Stephens for 5th place, while next finisher, Mario Librizzi, who had been in a couple of breaks, had to be satisfied with 7th place.

The presence of ex Australian Professional champion Mal Barker in 'C' was a source of interest to onlookers and he didn't disappoint in his first race since taking out a licence with the club, as he finished in third place. Ride of the day, however, went

to Graham Iddles who broke away with George Fyvie in the first lap of the circuit. George was eventually dropped, while Graham soloed, to finish over a minute ahead of the bunch. Colin Rossiter once again showed he's not to be sneezed at when he led in the bunch with a strong sprint. Only upset of the day was the DNF recorded for Clint Bird who came down in a ditch on the penultimate lap. He sustained some loss of skin and unfortunately a broken collar-bone.

'D' grade was well contested and it was good to see the return of McLoughlin to the ranks. Kevan Logan did a charitable deed by dropping off with a lap to go so as to man the camera, while new rider Ernst Kretzer found the going somewhat tough. Roy Swift again finished at top of the ladder with his old antagonist Barry Eversden finishing second. Denis Robinson who has recently shone on track but not the road was pleased with his third place, while Shane White in fourth managed to get one of those white envelopes that are always handed out at the prize-giving, when finishing fourth.

grade attracted two new riders, Elizabeth and McDonald Margaret Watroba who, according to our bunch informer, did sterling work by enlivening the pace in the eleven-strong bunch. The verdict was left to the final 300metres, and Ray Craig, anxious to get away to dig the garden, was a determined winner, beating Brian Paxman and Des Williams into second and third places respectively, while Fran Watson used her track experience to just beat Elizabeth McDonald over the line.

A Grade 66km (6 laps)

- 1. Andrew Brierley; 2. Stephen Carton;
- 3. Steve Berglund; 4. Bruce Hunt;
- 5. Fred Landon: 6. Rob McGowan:
- 7. Wal Crowley; 8. Steve Lack;
- 9. Darren Miller; 10. Paul Moke;
- 11. Paul Barizza; 12. George Law;
- 13. Andrew Duff; 14. Fenton Moran;
- 15. Dom Bruehwiler; 16. Steph Ratcliffe;
- 17. Tony Beaumont.
- B Grade 55km (5 laps)

Paul Lamond/Lynne Lepore (T);

- 2. Wayne Lally; 3. Geoff Marshall;
- 4. Andrew Bennett; 5. Bob Stephens;
- 6. Mario Librizzi; 7. Steve Dodd;
- 8. Dave Berglund; 9. Bob Russell;
- 10. Derek McVickers; 11. Ken Harvey;
- 12. Paul Hare; 13. Paul Montabaum.

C Grade 55km (5 laps)

- 1. Graham Iddles; 2. Colin Rossiter;
- 3. Mal Barker; 4. Roger Scott;
- 5. Trev Robson; 6. Bill Crout;
- 7. George Fyvie; 8. Graeme Benthien;
- 9. Len Hall.

D Grade 44km (4 laps)

- 1. Roy Swift; 2. Barry Eversden;
- 3. Denis Robinson; 4. Shane White;
- 5. Jack Iveson; 6. Derek Mayall;
- 7. Lindsay Froyland; 8. Vince Preedy;
- 9. Dave Nangle; 10. Ernst Kreutzer.

E grade – 44km (4 laps)

- 1. Ray Craig; 2. Brian Paxman;
- 3. Des Williams; 4. Fran Watson;
- 5. Elizabeth McDonald; 6. Janet Bennett;
- 7. Sheona Clark; 8. Leo Enright;
- 9. Paul Arnold; 10. Margaret Watroba.

TRACK RACING

Sat. 12 March Speed Dome

The Westral meeting saw an excellent turnout of 14 riders for the afternoon's entertainment. Starting with the 12-lap 'Lung Starter' there was a hectic race to the line over the last lap with victory going to Darren Miller who whipped around Steph Ratcliffe on the penultimate bend to hold his lead and finish with a comfortable 2-length win. The never to be underestimated Colin Rossiter finished a close third, with the rest of the field strung out closely behind. In the second Masters event, the elimination race, Steph ensured that he was always safely positioned but it was obvious on the final sprint that he was to face a challenge as Phil Nichols came up to his shoulder and Terry Skinner took his wheel. However, drama ensued as Phil lost his pedal over the final 30metres but revving franticly on one leg he managed to hold off Terry into third place. In the 20 lap points race, it was, however, sweet revenge for Terry who took out two of the four sprints, managing to beat Steph into second place, with Darren Miller a further five points behind in third.

Everyone was therefore well warmed up for the event of the day, the Masters 'John O'Sullivan Westral Handicap' over six laps (1500m). With 200m between scratchman Darren Miller and long marker Sheona Clark, it proved a hard event to race and a harder one to predict. With half a lap to go the decision was still in some doubt with the shortmarkers and the rest of the field all desperately fighting in a bunch for the inside running. However, the heavy money at that stage would have gone on Denis Robinson off 160m, but when it appeared he was home and dry, Phil Nichols off 60m, came from nowhere and with a mighty lunge put his wheel ahead to take out a fine victory. Pat Briggs was pleased with his third place from 175m while Steph and Darren Miller had to be satisfied with fourth and fifth respectively. Winsome O'Sullivan presented the sash and trophies to Phil Nichols who went away a very happy man having taken out 'the big one'.

12-lap Scratch

- 1. Darren Miller; 2. Steph Ratcliffe;
- 3. Colin Rossiter; 4. Bruce Bussey;
- 5. Phil Nichols; 6. Bob Barnes.

Miss-and-Out

- 1. Steph Ratcliffe; 2. Phil Nichols;
- 3. Terry Skinner; 4. Bob Barnes;
- 5. Darren Miller;

Elimination Race

- 1. Terry Skinner 14points;
- 2. Steph Ratcliffe 11; 3. Darren Miller 6;
- 4. Alan Clark 5; 5. Bob Barnes 4;
- 6. Phil Nichols 3.

John O'Sullivan 1500m Westral Handicap Field: D. Miller (Scr); Steph Ratcliffe (10m); Leigh Barker (30m); Terry Skinner (40m); Phil Nichols (60m); Bruce Bussey (65m); Colin Rossiter (70m); Alan Clark (75m); Mario Librizzi (90m); Bob Barnes (110m); Denis Robinson 160m); Pat Briggs (175m); Michelle Robertson (185m); Sheona Clark (200m).

Placings: 1. Phil Nichols;

- 2, Denis Robinson; 3. Pat Briggs;
- 4. Steph Ratcliffe; 5. Darren Miller.

Friday 22 April Speed Dome

Sorry to say but so few of our members turned up for the second of the winter season that they had to be combined with 'C' grade. Fortunately, all had WACF licences so could compete in the mixed company. Let's hope that interest picks up for the rest of the events, and note that the next event on Saturday 7 May sees no racing the following day, as it's the Mothers Day break.

Forthcoming Events

Noms from 8.15am and **before 8.45am** for 9.00am starts except where specified. Noms close at 8.45 (9.45 for 10.00am starts) and late entries are charged an additional \$2.

1 May, Gr. Scratch, Dog Hill, Baldivis

8 May (Mothers Day). No racing

15 May, Gr Scratch, Chidlow 'B'

Start 10.00am.

Bring the family along and enjoy a visit to the hills and a meal at the Tavern.

22 May 'Lakes Bikes' Age Div. Races, Wandi

29 May, Grd Scratch Pickering Brook

5 June,Peel CC, 'Beat the Choo Choo' 24km handicap.

Noms from 10.00am. **Start 11.00am** Meet at the Premier Hotel, Pinjarra.

12 June, 'Rose Preedy Memorial Handicap', Herne Hill

Winter Track Dates Speed Dome

Sat May 7th 3.00 - 6.00pm Sat June 11th 3.00 - 6.00pm Fri July 8th 6.00 - 9.30pm Sat July 23rd 3.00 - 6.00pm Fri Aug 12th 6.00 - 9.30pm Sat Aug 27th 3.00 - 6.00pm Fri 23rd Sept 6.00 - 9.30pm Sat 15th Oct 3.00 - 6.00pm

Complete Roger Sutton Points

1st I McFall 153pts 2nd P Barizza 140 3rd G Muston 131

4th P Hare,L Froyland 128

6th R Craig 119

7th R Babel 118

8th D WIlliams 115

9th D Hutson,S Ratcliffe 114

11th D McDonald 112

12th B Crout 111

13th T Beaumont, H Fry 110

15th C Rossiter 108

16th G Lawford 107

17th D Bruewhiler 106

18th P Briggs 105

19th I Logan 104

20th J Bennett 103

F Karel 100; P Crespi, B Paxman,T Robson 98; G Miller 97, G Boterhoven 95; A Duff 94; J Campbell, S Clark 93; R Churchill 90; T Speechley 89; M Russell 88; D Robinson 86; A Clark 84; F Kettle 83; G Brown 82; L Hall, M Leaker, S White 80; K Harvey 79; R Scott, G Smith, M Watson 78; J Iveson 77; A Bennett, A Kinghorn, P Wighton 75; S Dodd, K Logan 72; M Robertson 71; A Dovey 70; C Bird, D McVickers 69; D Bebee, B Sheldrick 67; E Willis 66; M Librizzi 65; W Crowley 63; S Ilich 60; B Russell 59; F Landon 57; R Edinger, B Eversden 55; A Brierley 54; B Shortland, B Stephens 53; B Jenkinson, H Sanderson 50; A Haskins, D Miller 47: B Bussey, J McIntyre, L Wynne 46; R Barnes 44; M Hughes, R Suter 43; R Broun 41; W Lally, F Watson 38; D Townson 36; L Enright35; A Nagy 34; R Swift 33; G Marshall 32; M Butler, P Coolican, D Nangle, C Prior, S Russell 30; D Willing 29; S Baker 28; E Campbell 25; M Lawrance, J Tucknott 24; T Atkinson, C Boyle, J Domican 23; C Dixon, P Oliver 22; S Lack 21; L Barker, N Bebee, S Bergland, T Tucknott, P Verberg 20; R McGowan, M Tognini 19; W Otwinowski 17; T Van Merwyck 16; K Hart, M Petterson, R Stacey. I Stewart, F Zarita 15; W Box, P Foster 14; S Chester, F Moran, S Ware 13; P Lewis, D Strudwick 12; C Glasby, R Norton 11; J Boulton, D Gillespie, C Hurley, P Moke, P Moyses, R Rana, J Reed, K Shugg 10; R Abbott, D Butler, S Delphine, D Gillespie, J Gordon, B Hawes, A Hoskins, T Lack, G Law, A Smith, P Taylor, D Walker, C Wiley, G Wright 5.

Rider Profiles

Heather Sanderson – a lady for all parts!

Listening to Heather Sanderson detail her many and varied interests in life is itself exhausting. How she ever manages to find time for cycling is one of life's mysteries. When asked what interests and hobbies she has outside of cycling she rattled off swimming, walking, sewing, painting, jewellery-making, plus playing the piano and the clarionet. As an afterthought, she added that she also finds time to look after husband Tony.

Heather and Tony lead an enviable lifestyle of being able to enjoy constant summers. They choose to live in Perth during the Northern Hemisphere winter, but return each year to be with Heather's family during Perth's winter. This is great for cycling.

Last year (2004) Heather and Tony spent a month on the Continent. This time period covered the magical '23 days in July' when the Tour de France was held. They were fortunate in being able to cycle many of the classic climbs of the tour during this time, and of course, they soaked up the excitement and atmosphere of the race itself. Originally an athlete, in time Heather developed knee problems. This curtailed her athletics career but not before she won her age division in the Road Racing Championships with the then Western Australian Veterans (now Masters) Athletic Club, and various handicap events throughout the years whilst competing with them. To diversify, owing to worsening knee problems. Heather took up triathlons and had some success. She won her age division on one occasion. Whilst she did not continue as a triathlete, she had been introduced to cycling as part of that sport. After a 5-year break from most sporting activities (apart from golf in which in 2001 she won Most Improved Golfer award, Senior Associates Championship, Monthly Medal, Skipton Mixed Foursomes - the latter with Tony) she took up cycling again in 2003. This coincided with Tony's growing addiction to all things cycling, and she found they had a common interest - or at the very least, she was better placed to understand his affliction.

Heather's background is as varied as her interests. She originally trained as a Physical Education teacher, but found this was lacking the kind of stimulation she was looking for. She left teaching and became one of Yorkshire's finest - having ioined the Leeds City Police Force. She found this was not what she was looking for, and after just one year as PC Plod she left and took a position as a Housing Manager for the local government body. She studied a three-year degree course in Housing Management and Building and was able to rise through the ranks to eventually hold the position of Deputy Director of Housing and Health in the city of Chester. She left England to take up a new life in Perth in 1987. In Australia Heather took up a career in Real Estate. She was in Sales initially, but moved into Property Management before going on the gain qualifications in commercial Property Management. This she found to be her true niche. When Tony, her future husband was transferred to Indonesia, she decided to ioin him there. Not one to be idle. Heather worked as an English language teacher for the three years of the Indonesian posting. During this time she also found time to complete a degree in Indonesian Studies, as an external student with Murdoch University. These studies were put to good use when teaching Indonesian to the children of expatriates in Jakarta.

Since joining the Masters club, Heather has established a hierarchy of goals and has been pleased to tick most of them off as having been achieved. Her first goal was to avoid being lapped in a criterium, the second goal was to stay with the bunch throughout a race, and the third goal was to be placed in E grade. On the day of being interviewed for this article, Heather achieved this latter goal. All that remains is to ride on the Midvale track, and the ultimate goal of goals, to thrash husband Tony out training!

Tom Lyons

BTA Notice

Want to be a part of the biggest Cycling Event in WA,s history (And at the same time help the BTA raise money to help us promote more cycling everyday)?

The BTA in conjunction with Bicycle Victoria are putting on a 14 day fully supported cycle tour from Albany to Perth in March next year. To be known as the Main Roads Lifecycle, Great Western Australian Bike Ride, the event will be much like the Great Victorian Bike Ride, which last year enabled over 8000 riders to cycle Victoria,s Great Ocean Road. The more riders who take part in the event, the better it works and the more money we can raise to help support cycling in WA.

You can be part of it! It's easy. Help us work out how we can get more West Australians to be part of this wonderful Ride. At 6.30pm on Wednesday 6th April we will be putting together a plan for how we can get as many people as possible to take part. Come along to the Conference Room and learn more about the ride, City West Lotteries House, (BTA office), 2 Delhi St West Perth, and have your say in how we can do it.

A supper will be served.

Phil Gyford Executive Officer Bicycle Transportation Alliance Inc.

MJD/April'04